

WAVELENGTH

Chesham Swimming Club
Chesham Leisure Centre, White Hill, Chesham, Bucks. HP5 1BB

www.cheshamswimmingclub.org.uk



ISSUE NO 81

SPRING 2009

Sonja Ballingall - Editor

DATES FOR YOUR DIARY

SQUAD FEES – Schedule for your diary

Fees are due quarterly on 1st of January, **April**, July & October. Usual discount of £5.00 applicable provided fees are paid by the 12th of the month in which they fall due. Remember that the Annual membership fees are also payable this month.

EASTER CLOSURE

Chesham Swimming Club will be closed over the Easter holiday period. The last session will be: **Thursday 9th April 2009** and the first session after the Easter break will be **Tuesday 14th April 6.30pm**.

'DOCTOR WHO' FUN GALA 2009 Sunday 10th May 2009

A fun gala for ALL our swimmers. Entry form attached. **There will be no entry fee for this event.** The Leisure Centre refunded the Club for the hours lost due to snow & pool closures. The refund is being used to fund this gala.

ANNUAL GENERAL MEETING 5.30pm Sunday 17th May 2009 in the Dance Studio.

FUN SWIM & BBQ

Make a note in your 2009 diary for this popular event 6-9pm, Friday 3rd July 2009.

SUMMER CLOSURE

Chesham Swimming Club will be closed over the Summer holiday period. The last session will be **Sunday 26th July 2009** and the first session after the Summer break will be **Wednesday 26th August 2009**.

CLUB NEWS

CSC MANAGEMENT COMMITTEE

Our long standing Volunteer Co-ordinator is stepping down this year. We need some volunteers to replace her and it would be good if you are interested to get an insight into part of her role at the forthcoming fun gala to see if you are interested in pursuing this further. Please contact Sonja – volunteers@cheshamswimmingclub.co.uk.

MEMBERSHIP

We would like to remind you that the Swimming Club hires the pool from Nexus Community at a reduced rate, on the understanding that all CSC members join the 'Friends' scheme. Your membership booklet advises you on this matter, including abiding by the Leisure Centre rules. Nexus Community has a policy that ALL children under the age of 10 MUST have a parent on the premises. The Swimming Club coaches are responsible for supervising the children only during training. Once children have left poolside and are in the changing rooms, parental responsibility is resumed.

PARENT VOLUNTEERS

Sonja Ballingall - Volunteer co-ordinator

Would you like to help your Club either on poolside or in an admin role? To find out more please speak with any of the Committee members, see list of committee members on Club noticeboard by the sports hall. Alternatively please contact Sonja Ballingall – volunteers@cheshamswimmingclub.org.uk or call 01494 580581.

CLUB SHOP

Mary Rose - Shop co-ordinator

The Club Shop opens every Sunday from 5.20 to 7.30 pm. Please visit us for all your swim training needs Hats, Goggles (training and competition, including prescription), Training Aids: fins, kickboards, pullbuoys, drink bottles, Holdalls and Backpacks, specially designed for swimmers, Club Clothing: Club t-shirts, polo shirts and Hoodies (to order) + Club Hats and Club Towels with swimmer's name (to order).

We also now have a link to online shopping SRS – [click here to enter site](#)

Alternatively, log on to the Club website and click on the link – top right hand corner. Our online shop is available not only to members but to all friends and family.

Our thanks go to the continuing support from our sponsors



SQUAD FEES are due NOW

Squad fees due for the period
1st April to 30th June 2009 are as follows:

Squad	Annual Subscription £	Full Rate Squad fees for April to June 2009 £	Total payment due for April to June 2009 £	Discounted total amount for quick payment + £
Red A and B	42	76	118	113
Orange & Yellow	42	94	136	131
Green	42	105	147	142
Green plus	42	110	152	147
Blue	42	115	157	152
Purple	42	141	183	178
Purple Plus	42	184	226	221
Lime	42	176	218	213
Lime plus	42	223	265	260
Amber	42	131	173	168
Burgundy & Burgundy*	42	78	120	115
Aqua	42	73	115	110
Student – pay as you go	42	<i>Pay as you go rate</i>	42	42
Masters 1 night	42	71	113	108
Masters 2 nights	42	90	132	127

+ If payment is made on or before 12th April 2009

WAYS TO PAY

❖ Favoured option - direct credit

**To: Barclays Bank, sort-code 20-02-06. Chesham Swimming Club, account number 90251305,
Please quote oldest child's first & surname as a reference**

Alternatively

- ❖ By cheque made payable to Chesham Swimming Club
- ❖ By post, direct to the Treasurer Liz Rose –
20 Stubbs Wood, Chesham Bois, Amersham, Bucks, HP6 6EY
- ❖ At the Club Shop on Sunday evenings

Any fees not paid by 12th April 2009 may not take advantage of the quick payment discount.

**Any fees not paid by 30th April 2009
will be charged an extra £5 on top of the full rate squad fees**

Please note that fees are non-refundable on leaving the club

Liz Rose – Treasurer

Doctor Who Sprint & Relay Challenge 2009
Sunday 10th May 5.00pm warm up; start 5.30pm
(To be swum under ASA Laws & Technical Rules)
This evening is a FUN CLUB EVENT for all our swimmers.

FORMAT

All swimmers who enter the event will be allocated to one of four teams – each headed by two Captains. The teams will compete against each other in a series of individual & relay events. Team members will score points for their team, as happens at any team gala.

ELIGIBILITY

To be eligible to take part, swimmers must be members of the Club on the closing date for entry and their annual subscription and squad fees **must be up to date.**

EVENTS

There will be 50m events in all four strokes and a variety of relays. All entrants will have a minimum of 3 swims including at least one individual event.

TEAMS

Once entries have closed the promoters will allocate swimmers to teams. This will be done using swimmers current ranking within the Club. Team Lists will be posted on the Club Notice Board by Sunday 3rd May. They will be e-mailed to you, or you can collect a copy from the club shop on Sunday 3rd May.

ENTRIES & ENTRY FEES

If you wish to enter please return the entry form to the event organiser - Sonja Ballingall - by at latest **Sunday 19th April.** Entries can be handed to coaches, given to the club shop or posted to Sonja at 69 Lye Green Road, Chesham, Bucks HP5 3NB. Because of missed training due to adverse weather we have decided there will be no charge for this gala

WITHDRAWALS

If you have entered, please try and take part. Should you have to drop out, because of illness or some other unavoidable factor, you **MUST** notify Sonja Ballingall 01494 785922 - by at latest 12.00 noon on the 10th May.

Parental help - To run this event we shall need parents to help on poolside from 4.45pm – please fill in your part of the entry form

----- Cut here ----- **please keep the above part of the form for contact details** ----- Cut here -----

Entry form – please complete one line for each swimmer

SWIMMER'S DETAILS Name _____ Squad _____

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PARENTAL HELP **Yes I am able to help during Spring Sprint & Relay Challenge, Sunday 10th May – 4.45pm onwards**

HELPER'S DETAILS **NAME -----**